

BACK BY POPULAR DEMAND!!!!

NEW DATES AVAILABLE THIS SUMMER!!! LIMITED SPACE AVAILABLE



THE ART OF MASTERING RELATIONSHIP WORKSHOP When love is not enough...

(For intimate partners, premarital and married couples only)

SATURDAY, AUGUST 18, 2018

YOU DON'T NEED A MATCH -- YOU GOT THAT!!!! YOU ARE A COUPLE!

Most couples *need more than love* to build the strong and healthy relationship they want to maintain!

- Join a couples' workshop with specifics about "how to" enrich your relationship or marriage
 - Acknowledge and celebrate relationship strengths and identify areas you need to strengthen
- Receive your customized couple report -- compiled based on each partners answers to a comprehensive questionnaire that provides a 10+ page report/workbook. The questionnaire/software has validation and researched credibility. Thousands of couples, over many years, have benefited from results along with the added value of the certified clinician interpretation and skill building support sessions or workshops. Leave with practical information. (Note: **Confidentiality is maintained --only you have copies of your individual couple results.**)

NO JUDGMENT or PREDICTIONS - ALL RELATIONSHIP STRENGTH-BASED INFORMATION/ACTIVITIES

Topics included: Relationship roles, conflict resolution tips and skills, sharing strengths and growth areas, communication skills, personal stress profiles, couple family mapping, affection and sexuality, leisure activities, managing expectations, children/parenting, and more. .

Credentialed facilitator and coach: VALLAJEÁN Dale, L.P.C.C, CA License # 573, L.M.F.T. License #38855., 16+ years as a clinical professional, a Licensed Professional Clinical Counselor, a Licensed Marriage and Family Therapist, Life Coach, Relationship Coach, and Psychotherapist, as well as a Certified Facilitator of Prepare and Enrich™ conducts the pre-interview and 7.5 hour full interpretation workshop activities and interpretation of your Couple Report

The "Art of Mastering Relationship" ("When love is not enough...") Workshop

Date: Saturday, August 18

Time: 9:00 a.m. - 3:30 p.m. (6.0 hours - with lunch break)

(Note: Time allows for the completion of report/interpretation review, the art of mastering relationship presentation, as well as fun and interactive dialogue opportunities. Light coffee/tea & refreshments provided at 9:00 a.m. on the day of the workshop. (There is a break for lunch on your own -- There are numerous restaurants next door and around the hotel area.)

Location: LaQuinta Inn & Suites Hotel (Cessna Conference Room)
Hayward Executive Airport
20777 Hesperian Blvd.
Hayward, CA 94541

See Registration Instructions (Step 1 and Step 2) below:

How to register:

WEBSITE: www.Life-rx.org

STEP 1 - BOOK IT Online – Pre AMR Couple Interview (required)

Select “Events-Bookings” tab, Scroll down and select a [Pre AMR Couple Interview](#) date/time, complete booking information -- and prepay \$60.00 with credit card to reserve your appointment.

1A-- Pre-workshop interview/meeting (Requirement #1): Approximately 2-weeks or more prior to the workshop date, the Therapist will schedule a 30-minute meeting with the couple/partners where you receive:

- ❖ Brief Interview & answers to general questions,
- ❖ Overview of the workshop/process and provided with the [Access Code](#) needed to sign-in and complete take the computerized couples questionnaire
- ❖ Confirmation of the workshop fee/payment, depending on the date(s) selected.
(VISA/MASTERCARD/DISCOVER) has been received. **Fee: \$60.00**

1B -- Pre-workshop (Requirement #2): Complete the couple's questionnaire (takes approximately 30 minutes -- on the computer—at home or any computer) ASAP. Note: Each partner completes the questionnaire, individually, and the results are systematically combined by computer resulting in a **comprehensive couple personalized report**. See topics included above.

STEP 2 - BOOK IT Online – Register for the Workshop Art of Mastering Relationships (required)

Pre-register for the [ART OF MASTERING RELATIONSHIPS \(AMR\) Workshop](#), Saturday August 18, 2018

BOOK IT – ONLINE -- **Fee: \$275.00 per couple**

Note: Light refreshments, coffee, tea, water served a.m. and 30 minute lunch on you own.
Many restaurant choices near the complex for lunch.

Reminder:

Put the interview date on your calendar AND the workshop date on your personal calendar (Both individuals in the couple are required to attend the entire workshop to receive the interpretation and customized written report.)
PERFECT. VALLaJeán Dale looks forward to meeting you and your attendance at the pre-interview and workshop!